



## Lectio Divina Guidelines

1. Read the piece of scripture
2. Silence follows for the purpose of hearing a **word** or **passage** that touches the heart
3. After the silence, each person **shares** which word or phrase has touched their heart
4. The text is read for a second time, for the purpose of **hearing** or **seeing God** in the text
5. After a short silence, we share where and/or how we hear or see God in the text
6. The text is read for a third time for the purpose of **experiencing** God **calling** us further into **doing** or **being**
7. After a short silence, we share what God in the text is calling us to **do** or **become** today or this week