



Key Points :

- With so much to worry about, how do we respond to Jesus saying to us 'Don't worry'? The great antidote to worry is **TRUST** - so can you trust God?
- Two Prayers to help us grow in Trust:
 - After a failed day of fishing, Jesus calls the fisherman to go out where it's deeper and to let out the nets (again!). Prayer 1: **Lord, help me to obey you, even what I don't understand.** You don't have to understand completely to obey immediately.
 - After obeying, Jesus calls the fisherman to leave everything (including their nets) behind to follow him. Prayer 2: **Lord help me surrender what I cannot control.**
- **GET CLINGY WITH GOD: In order to hold on to God, you have to let go of whatever else you were previously clinging to.**

Questions:

Conversation Starter

1. Do you think a lot about what might happen in the future, or do you tend to stay in the present moment? What was your biggest worry when you were a kid?

Start Thinking & Sharing

2. Have you ever obeyed God, even though you didn't understand what He was doing? What was that like? What did you learn from that experience?

3. What is something you need to let go of so you can cling to God and His promises?

4. God is in total control, and He will one day right every wrong and restore the whole earth. How might your life be different if you lived with that truth in mind?

5. How can you obey God and surrender what you can't control this week?

Start praying. Be bold, and pray specifically.

6. Father, thank You for being totally trustworthy. No matter how chaotic the world may seem around us, You are always in control. Help us to trust in You at all times, knowing that one day You will make all wrongs right. In Jesus' name, Amen.

Start doing. Commit to a step, and live it out this week.

7. Ask God how you can obey Him or surrender something to Him this week. Then follow His lead.