



Key Points :

- Jesus lived and loved A Better Way, and one of the aspects of this was an **Undivided Attention in the Moment**. The best wine at the wedding in Cana in John 2 was saved until “now”(v.10) - not in the past and not for the future. Jesus also stops for the poor (the blind beggar in Lk 18) and the rich (the tax collector in Lk 19) and gives them his undivided attention.
- This is the day the LORD has made. We will rejoice and be glad in it. (Psalm 118:24 NLT) - **Don't miss what you have now pursuing what you want later**
- **The only way you can be present in the moment is to surrender a past you can't change and trust God with a future you can't control.**

Questions:

Conversation Starter

1. Share about the best day of your life.

Start Thinking & Sharing

2. Which part of this message was most impactful for you and why?
3. Talk about some common ways you find yourself getting distracted. How could you start being more present instead?
4. Share about a time when you weren't living in the moment. What did you learn about the importance of being fully present after that moment passed?
5. Do you typically have a harder time surrendering the past you can't change or trusting God with a future you can't control? Why is that?

Start praying. Be bold, and pray specifically.

6. *Father, thank You for today and for this moment. Help us be fully present with You and with others. We don't want to miss what we have now in pursuit of what we want later. Please give us peace and strength to be here in this moment. We trust You. In Jesus' name, amen.*

Start doing. Commit to a step, and live it out this week.

7. Take time each day this week to practice being fully present. As you slow down and soak in the moments happening around you, share what you experience with your friends, family, or Connect Group.