

## <u>Key Points :</u>

- Jesus lived and loved A Better Way, and he models a way of prayer that is really helpful for us. **Prayer wasn't just an action he did, it was the way he lived** and Jesus prioritised the presence of God in prayer.
- Jesus models that Intimacy with God is never accidental. In Matthew 6 Jesus intentionally finds a secluded place to pray and makes the time and space to spend time with His Heavenly Father.
- Intimacy is never accidental. Three ways you can respond today.
  <u>PRAY3 Prayer Triplet</u>, <u>Prayer Course</u>, <u>30-Day Prayer Challenge</u>

## <u>Questions:</u>

**Conversation Starter** 

1. Who is the best prayer you've even heard/seen? What makes them good?

Start Thinking & Sharing

2. How easy or difficult is it for you to pray? Why do you think that is?

3. Consider your prayer life. Is prayer more of an action you do or a way that you live? Why?

4. Read Matthew 6:6. Jesus asks us to find a quiet and secluded place to experience God's presence. How does this request compare to the way you usually come to God? What changes do you need to make in order to be more like Jesus in prayer?

5. Share about a time when you were tempted to stop praying. How did you respond to that temptation? What did you learn as a result?

Start praying. Be bold, and pray specifically.

6. Father, forgive us for the times we've overcomplicated prayer. Remind us that when we pray, we're experiencing You. Give us focus, confidence, and faith when we pray, and help us to view prayer not just as an action but as a way of life. In Jesus' name, amen.

Start doing. Commit to a step, and live it out this week.

7. Consider joining a PRAY3 Prayer Triplet, joining with us in the 30-Day Prayer Challenge or signing up for the Prayer Course (or running it in your group!)





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