

Summary

The two disciples encountered/recognised the Risen Jesus in Communion, and so can we. The risen Jesus was revealed in the breaking of bread. Communion is not just some 'religious activity' we do but a central way that the risen Jesus chooses to encounter, inhabit and sustain his people.

Key verse: Luke 24:31 Suddenly their eyes were opened and they recognised him'

Encounter: a way the risen Jesus Chooses to be revealed

- Then Jesus took them through the writings of Moses and all the prophets, explaining from all the Scriptures the things concerning himself. [Luke 24:27]
- Suddenly their eyes were opened and they recognised him' [Luke 24:31]

Inhabitation: a way we encounter the Risen Jesus together

 As they sat down to eat, he took the bread and blessed it. Then he broke it and gave it to them. [Luke 24:30]

Sustenance: a way we are filled to share the risen Jesus

Then the two from Emmaus told their story of how Jesus had appeared to them as they
were walking along the road, and how they had recognised him as he was breaking the
bread. [Luke 24:35]

Questions:

Conversation Starter

What is the most memorable meal you've ever had?

Start thinking and sharing

2. Do you feel you have encountered the Risen Jesus through communion? What have been your different experiences of receiving communion in different contexts? Has the above points challenged the way you think about communion or how you might engage with it in the future?

Start praying

Lord Jesus we pray that you would reveal yourself afresh to us in times of communion.
 Help us to be present to your presence with us during all mealtimes that we share. Amen

Start doing

5. Perhaps you could share bread and wine together in your connect group as a symbol of Christ's sacrifice, or be more open to the idea of Christ inhabiting your mealtimes together? What might this look like for you?