

Prayers of Authority and Protection

Ephesians 6.10-18



Key Points :

There is a spiritual realm where the positive life giving power of God comes from but also spiritual powers which do not work for our good and well being. The spiritual realm and our earthly realm work together in supernatural way.

- God's power is greater than any evil or negative power and His Will, will always be done but the negative powers can disrupt, divert or delay his will.
- Paul outlines a collection of spiritual armour which we can wear and take with us to protect us from this disruptive, diversionary or delaying spiritual stuff. The armour points to different truths about God and our relationship with Him drawing us closer to Him and his authority and protection.

Questions:

Conversation Starter

1. Does the idea of the supernatural fit into our modern world? Would your friends, colleagues and family be comfortable knowing that you think that the supernatural is real. Are you comfortable with thinking of a spiritual realm and battle being real yourself?

Start Thinking & Sharing

2. Read through the passage. Which parts jumped out at you as an encouragement or a difficulty
3. Have there been times in your life when you have felt that the challenges you were facing were more than just life — that they had a spiritual dimension - explain why you thought so. Was it a time when you were stepping out in faith with God?
4. Look through the list of armour pick out one or two and discuss what they mean and how you might use them.

Start praying. Be bold, and pray specifically.

5. Either have a time of silent prayer - listening to God asking what he wants to remind you about an/or pray specifically for one another - suggest each person picks the piece of armour that they would like refreshed and refitted to them. Pray for that.

Start doing. Commit to a step, and live it out this week.

6. It is hard to remember all of the armour. Pick just one, write down (or record an audio message) explaining what it means in your own words. Read or listen to it every day this week before you head out into your day. You can pick another item and repeat next week.