

SET FREE

"IT IS FOR FREEDOM THAT CHRIST HAS SET US FREE"
[GALATIANS 5:1]

Talk summary:

Main message: Jesus sets us free to dream again, turning grief to joy

Key verse: John 20:18 Mary Magdalene found the disciples and told them, "I have seen the Lord!"

Overview

Mary went to the tomb despondent and full of grief, but an encounter with Jesus set her free to dream again. So often we can have dreams that get squashed by grief, we stop trusting and we 'keep our heads down'. But Mary was set free to share the message of the risen Jesus with those she knew. We must be real with grief we face - and there needs to be space for lament - but also to allow Jesus to lift us up to dream again and be used by Jesus.

Questions:

Conversation Starter

- Do I need to make more space to process grief I'm facing? Are there any mistakes I need to take to God in confession? What dreams may God want to give me or reignite?

What might God be saying to me about this theme/situation?

What have I learnt from the teaching passage that I want to hold on to?

How am I going to put it into practice?