

ALL THROUGH CHRIST

"For I can do all things through Christ who strengthens me"
[Philippians 4:13]

Talk summary:

Living in Unity and Boldness: Philippians 4 2-9

Main Message: Christ calls us to live in unity and boldness

Key Verse: Always be full of joy in the Lord. I say it again—**rejoice!** Let everyone see that you are **considerate** in all you do. Remember, the Lord is coming soon. **Don't worry** about anything; instead, **pray about everything**. Tell **God what you need, and thank** him for **all he has done**. Then you will experience **God's peace**, which exceeds anything we can understand. **His peace will** guard your hearts and minds as you live in Christ Jesus. (4:4-7)

Section summary:

Here Paul challenges two women leaders to follow Jesus' humble example and become unified. He then goes on to encourage the Philippians to give their fears and troubles in prayer to God, who will guard them in Jesus, the one who has passed into death and back again.

'So what?':

We can only live in unity and boldness by believing that Jesus is actually real, actually rose again and is actually returning one day. Otherwise there really is no place for hope. There are some well-known verses in this section, but reading as a whole reminds us that Paul's hope was anchored in Christ being his greatest reality no matter what persecution he faced. How might we be encouraged by Paul's example. We are able to do this 'all through Christ'

Questions:

Conversation Starter

- What is your favourite film/novel/TV series?
- How do we promote unity? Is it about more than dealing with situations where there have been disagreements?
- Paul tells us not to worry and pray about everything. What else can we learn from the reading that will help us not to worry?
- Paul tells us that we should think about positive things. How will this help us be bold for God?
- What do you find helps you to focus on the things of God and to learn from Him?

What might God be saying to me about this theme/situation?

What have I learnt that I want to hold on to?

How am I going to put it into practice?