

ALL THROUGH CHRIST

"For I can do all things through Christ who strengthens me"
[Philippians 4:13]

Talk summary:

CONTENTMENT IN CHRIST 4:10-23

Main Message: Christ is the key to true contentment, which opens the doors

1. Into Simplicity from self-sufficiency [Philippians 4:10-14]
2. Into Generosity from self-satisfaction [Philippians 4:15-18]
3. Into Worship from self-preservation [Philippians 4:19-23]

Key Verse: I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength. (4:13-14)

Section summary:

Paul's imprisonment and hardships haven't meant his ruin; rather, they are the very way God has blessed him (and others through him) and through which he has experienced God's strengthening in any circumstance.

'So what?':

As we come to the end of this series in Philippians, we are challenged to press into the heavenly reality of living in Christ – where we can be content whatever life throws at us, live sacrificially and with care for others. As Paul's last word shows us, it's all by His grace. We are able to do this 'all through Christ'

Questions:

Conversation Starter

- *Where do you find it hardest to be content in God? What is most likely to create discontentment in your life? What might it look like for you this week to walk through the doors of simplicity, generosity and worship?*

What might God be saying to me about this theme/situation?

What have I learnt that I want to hold on to?

How am I going to put it into practice?