

NEW CREATION

: A New Protection [Ephesians 6:10–24 (NLT)]

1. We Are in a Battle (Ephesians 6:12)

- War is a relevant topic right now, but believers beware: we are in a conflict some theologians would call spiritual warfare. As followers of Jesus, we face evil schemes we cannot see, and must protect ourselves.
- My question for us this morning: where have you noticed the devil at work? Perhaps that's uncomfortable to admit. We are also called to equip ourselves.

2. We Are Given Resources (Ephesians 6:13)

- The Bible tells us we have resources available, but like any resource, the responsibility is on us to access them. Over the next six weeks, we will understand each piece and learn how to use it: the Armour of God.
- The Roman soldier on his own was strong, well-armed, able to fight and defend himself. Perhaps the most important thing the Roman soldier represents is who stands behind him: the Roman Empire, the most powerful force of its time. We're told to equip ourselves, and most of these tools are defensive.
- My second question this morning: how equipped are you feeling today?
- Know that feelings like these are part of the walk with Jesus.

3. We Must Stand Together (Ephesians 6:18)

- Notice that most of the armour, all but one piece, is designed primarily for protection. Think of the old Roman battle films, with massive armies. Together, they form a stronger defensive force than they ever could alone. This same picture applies to the Church as the Kingdom of God is behind us, the One who has all authority, who created the universe and everything in it.
- My third question: how will we stand together and who are the people around you who need protecting?

Conversation Starter

Let's reflect: What is your favourite moment from this Ephesians series? See recap on page 2.

Application — Pray for Each Other

- You are not alone. You have a part to play. Be aware, be equipped, and be encouraged.
- If you feel you need a fresh perspective to see where in your life you need protection or you need equipping — ask for prayer.
- If you are fully equipped and thriving right now — go ask someone to pray for you, so you can encourage those around you.

End prayer time with this verse:

"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." — Ephesians 6:18

We believe our God-given vision is see:
thriving communities springing up,
where everyone can belong and find hope in Jesus.
Group Sunday message notes 2026





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Recap Reminder

Week 1 Mel — A New Spiritual Reality

- Set the scene and gave us the context
- God is bringing everything back together

Week 2 Nick — A New Perspective

- See as Christ sees, from the inside, not the outside
- The Body of Christ
- You are Plan A

Week 3 Ronan — A New Grace

- GRACE acronym: God's Redemption At Christ's Expense
- The toucan lamp
- You are God's masterpiece

Week 4 — Charlie — A New Community

- Radical inclusion
- There is no gatekeeping — all are welcome

Week 5 Kathy — A New Way to Grow

- The vase of water with dirt stirred in
- Find space, appreciate God, use spiritual tools

Week 6 David — A New Way to Be Church

- We are the example the world needs
- Bear with each other
- Spectator, exhausted player, thriving player

Week 7 Youth — A New Identity

- The Holy Spirit helps us
- The Holy Spirit makes us bold
- The Holy Spirit guides us

Week 8 David — A New Way to Relate

- Self-giving love
- Continuous filling of the Spirit
- Mutual submission

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