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Date: 3 November 2025 at 11:03:19 GMT

To: undisclosed-recipients:;

Subject: Abigail´s Updates November 2025 - 8 prayer points to share

Hi friends,

I can hardly believe it's already November! This is my last month of maternity leave before I head back to work with **OM Norway** in December.

We've put together a little fun **prayer tool** with eight ways you can be praying for us this month, you'll find it attached...

and here 's a little video greeting... <a href="https://www.facebook.com/share/r/1BSy282ELa/">https://www.facebook.com/share/r/1BSy282ELa/</a>

Thank you so much for standing with us and praying through each season. It really means a lot. We'd also love to hear how *you're* doing and how we can be praying for you as winter settles in.

With love,

## Abigail, Thomas and the little ones



